California Health Content Standards Alignment

Growth, Development, and Sexual Health: Grades 9-12

Session	Activities	California Health Education Content Standards Covered by Teen Talk High School **For more information visit: http://www.cde.ca.gov/be/st/ss/documents/healthstandmar08.pdf**
Session 1	**Introduction, Values Clarification, Parent Communication and Resources** • Introduction to Group Agreements • Anonymous Question Box • Pretest • Values Clarification • Giving Your Parents "The Talk" • My Communication Diary • Teen Clinic Lists and Resource List	**1.9.G** Explain laws related to sexual behavior and the involvement of minors. **2.1.G** Determine personal, family, school, and community factors that can help reduce the risk of engaging in sexual activity. **2.2.G** Evaluate how growth and development, relationships, and sexual behaviors are affected by internal and external influences. **2.5.G** Evaluate how culture, media, and other people influence perceptions about body image, gender roles, sexuality, attractiveness, relationships, and sexual orientation. **3.1.G** Analyze the validity of health information, products, and services related to reproductive and sexual health. **3.2.G** Identify local resources concerning reproductive and sexual health, including all FDA-approved contraceptives, HIV/STD testing, and medical care. **3.4.G** Evaluate laws related to sexual involvement with minors. **5.4.G** Evaluate the risks and consequences associated with sexual activities, including HIV, other STDs, and pregnancy.
Session 2	**Sexual and Reproductive Anatomy** • Lecture: Sexual and Reproductive Anatomy • Anatomy Coloring • Conception, Fetal Development and Birth • Sexual and Reproductive Systems: What's the Story?	**1.2.G** Explain how conception occurs, the stages of pregnancy, and the responsibilities of parenting. **1.5.G** Summarize fertilization, fetal development, and childbirth.
Session 3	**Sexual Identity** • Identity Spectrums Prezi • Straightlaced – Film Guide & Values Statements	**1.10.G** Recognize that there are individual differences in growth and development, physical appearance, gender roles, and sexual orientation. **2.5.G** Evaluate how culture, media, and other people influence perceptions about body image, gender roles, sexuality, attractiveness, relationships, and sexual orientation. **5.5.G** Use a decision-making process to analyze the benefits of respecting individual differences in growth and development, physical appearance, gender roles, and sexual orientation.

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Session 4	**Birth Control** • Birth Control Stations	**1.4.G** Identify why abstinence is the most effective method for the prevention of HIV, other STDs, and pregnancy. **1.12.G** Evaluate the safety and effectiveness (including success and failure rates) of FDA approved condoms and other contraceptives in preventing HIV, other STDs, and pregnancy. **3.3.G** Compare the success and failure rates of FDA-approved condoms and other contraceptives in preventing HIV, other STDs, and pregnancy. **5.4.G** Evaluate the risks and consequences associated with sexual activities, including HIV, other STDs, and pregnancy. **5.7.G** Use a decision-making process to evaluate the use of FDA-approved condoms and other contraceptives for pregnancy and STD prevention. **6.2.G** Identify short- and long-term goals related to abstinence and maintaining reproductive and sexual health, including the use of FDA-approved condoms and other contraceptives for pregnancy and STD prevention.
Session 5	**Pregnancy Options** • Pregnancy Options Discussion • No Easy Decision	**1.6.G** Explain responsible prenatal and perinatal care and parenting, including California's Safely Surrendered Baby Law. **1.11.G** Evaluate the benefits to mother, father, and child when teenagers wait until adulthood to become parents. **5.6.G** Use a decision-making process to evaluate the social, emotional, physical, and economic effects of teen pregnancy on the child, the teen parent, the family, and society.
Session 6	**Sexually Transmitted Infections** • STI Brainstorm • STI Information Sheet • STI Scavenger Hunt • Quick HIV/AIDS Facts • Condom Demonstration • Insertive Condom Demonstration	**1.4.G** Identify why abstinence is the most effective method for the prevention of HIV, other STDs, and pregnancy. **1.7.G** Describe the short- and long-term effects of HIV, AIDS, and other STDs. **1.8.G** Analyze STD rates among teens. **1.12.G** Evaluate the safety and effectiveness (including success and failure rates) of FDA approved condoms and other contraceptives in preventing HIV, other STDs, and pregnancy. **3.3.G** Compare the success and failure rates of FDA-approved condoms and other contraceptives in preventing HIV, other STDs, and pregnancy. **5.4.G** Evaluate the risks and consequences associated with sexual activities, including HIV, other STDs, and pregnancy. **5.7.G** Use a decision-making process to evaluate the use of FDA-approved condoms and other contraceptives for pregnancy and STD prevention. **8.2.G** Advocate the respect for and the dignity of persons living with HIV or AIDS.

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Session 7	**Relationships** • What is Relationship Abuse? • We Interrupt This Relationship…	**1.3.G** Discuss the characteristics of healthy relationships, dating, committed relationships, and marriage. **4.1.G** Analyze how interpersonal communication affects relationships. **4.3.G** Demonstrate effective communication skills within healthy dating relationships. **5.3.G** Use a decision-making process to analyze when it is necessary to seek help with or leave an unhealthy situation. **8.1.G** Encourage and support safe, respectful, and responsible relationships.
Session 8	**Sexual Violence Prevention** • Your Sexual Bill of Rights • David & Michelle's Story	**1.9.G** Explain laws related to sexual behavior and the involvement of minors. **3.4.G** Evaluate laws related to sexual involvement with minors.
Session 9	**Abstinence, Sex, and Decision Making** • Players and Prudes • What Would You Say? • Dear Dr. Lupe • Mapping My Future	**2.3.G** Assess the discrepancies between actual and perceived social norms related to sexual activity among teenagers. **2.4.G** Assess situations that could lead to pressure for sexual activity and to the risk of HIV, other STDs, and pregnancy. **4.2.G** Use effective verbal and nonverbal communication skills to prevent sexual involvement, HIV, other STDs, and pregnancy. **5.1.G** Use a decision-making process to evaluate the physical, emotional, and social benefits of abstinence, monogamy, and the avoidance of multiple sexual partners. **5.2.G** Use a decision-making process to examine barriers to making healthy decisions about relationships and sexual health. **6.1.G** Evaluate how HIV, AIDS, other STDs, or pregnancy could impact life goals. **8.3.G** Support others in making positive and healthful choices about sexual behavior.
Session 10	**Sex in the Media** • Sex, Love, Rock & Roll	**2.5.G** Evaluate how culture, media, and other people influence perceptions about body image, gender roles, sexuality, attractiveness, relationships, and sexual orientation.
Session 11	**Review** • Parent Interview Wrap-Up • Teen Talk Jeopardy! • Posttest with Evaluation	**1.1.G** Describe physical, social, and emotional changes associated with being a young adult. **6.2.G** Identify short- and long-term goals related to abstinence and maintaining reproductive and sexual health, including the use of FDA-approved condoms and other contraceptives for pregnancy and STD prevention. **7.1.G** Describe personal actions that can protect sexual and reproductive health (including one's ability to deliver a healthy baby in adulthood).

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