

## Appendix B: California Health Content Standards Alignment

Growth, Development, and Sexual Health: Grades 9-12

Session	Activities	<b>California Health Education Content Standards Covered by Teen Talk High School Refresher</b>  For more information visit: <a href="http://www.cde.ca.gov/be/st/ss/documents/healthstandmar08.pdf">http://www.cde.ca.gov/be/st/ss/documents/healthstandmar08.pdf</a>
Session 1	<b>Introduction</b> <ul style="list-style-type: none"> <li>• Introduction to Group Agreements</li> <li>• Anonymous Question Box</li> <li>• Pretest</li> <li>• Values Clarification</li> <li>• Planning for the Future</li> </ul>	<b>1.1.G</b> Describe physical, social, and emotional changes associated with being a young adult. <b>1.9.G</b> Explain laws related to sexual behavior and the involvement of minors. <b>2.1.G</b> Determine personal, family, school, and community factors that can help reduce the risk of engaging in sexual activity. <b>2.2.G</b> Evaluate how growth and development, relationships, and sexual behaviors are affected by internal and external influences. <b>3.4.G</b> Evaluate laws related to sexual involvement with minors.
Session 2	<b>Youth Sexual and Reproductive Health Services</b> <ul style="list-style-type: none"> <li>• Teen Clinic Lists</li> <li>• Clinic Posters</li> <li>• Sexual Health Resources</li> </ul>	<b>3.1.G</b> Analyze the validity of health information, products, and services related to reproductive and sexual health. <b>3.2.G</b> Identify local resources concerning reproductive and sexual health, including all FDA-approved contraceptives, HIV/STD testing, and medical care.
Session 3	<b>Exploring Gender and Sexual Identities</b> <ul style="list-style-type: none"> <li>• Exploring Gender and Sexual Identities</li> </ul>	<b>1.10.G</b> Recognize that there are individual differences in growth and development, physical appearance, gender roles, and sexual orientation. <b>2.5.G</b> Evaluate how culture, media, and other people influence perceptions about body image, gender roles, sexuality, attractiveness, relationships, and sexual orientation. <b>5.5.G</b> Use a decision-making process to analyze the benefits of respecting individual differences in growth and development, physical appearance, gender roles, and sexual orientation.
Session 4	<b>Birth Control</b> <ul style="list-style-type: none"> <li>• Birth Control Prezi</li> <li>• Current News Article Review</li> </ul>	<b>1.4.G</b> Identify why abstinence is the most effective method for the prevention of HIV, other STDs, and pregnancy. <b>1.6.G</b> Explain responsible prenatal and perinatal care and parenting, including California's Safely Surrendered Baby Law. <b>1.12.G</b> Evaluate the safety and effectiveness (including success and failure rates) of FDA-approved condoms and other contraceptives in preventing HIV, other STDs, and pregnancy. <b>3.3.G</b> Compare the success and failure rates of FDA-approved condoms and other contraceptives in preventing HIV, other STDs, and pregnancy.

		<b>5.7.G</b> Use a decision-making process to evaluate the use of FDA-approved condoms and other contraceptives for pregnancy and STD prevention.
Session 5	<b>Sexually Transmitted Infections</b> <ul style="list-style-type: none"> <li>• STI Public Service Announcements</li> <li>• Condom Demonstration</li> </ul>	<b>1.7.G</b> Describe the short- and long-term effects of HIV, AIDS, and other STDs. <b>5.4.G</b> Evaluate the risks and consequences associated with sexual activities, including HIV, other STDs, and pregnancy. <b>8.2.G</b> Advocate the respect for and the dignity of persons living with HIV or AIDS.
Session 6	<b>Consent and Sexual Violence Prevention</b> <ul style="list-style-type: none"> <li>• The Consent Puzzle</li> <li>• Bystander Intervention</li> </ul>	<b>2.4.G</b> Assess situations that could lead to pressure for sexual activity and to the risk of HIV, other STDs, and pregnancy. <b>4.2.G</b> Use effective verbal and nonverbal communication skills to prevent sexual involvement, HIV, other STDs, and pregnancy. <b>8.1.G</b> Encourage and support safe, respectful, and responsible relationships. <b>8.3.G</b> Support others in making positive and healthful choices about sexual behavior.
Session 7	<b>Communication and Media Literacy</b> <ul style="list-style-type: none"> <li>• Red Flags: Digital Communication</li> <li>• Sex and Sexuality: TV/Music Videos</li> </ul>	<b>4.1.G</b> Analyze how interpersonal communication affects relationships. <b>4.3.G</b> Demonstrate effective communication skills within healthy dating relationships. <b>5.3.G</b> Use a decision-making process to analyze when it is necessary to seek help with or leave an unhealthy situation.
Session 8	<b>Review</b> <ul style="list-style-type: none"> <li>• Trusted Adult Interview Wrap-up</li> <li>• Refresher Review</li> <li>• Posttest with Evaluation</li> </ul>	<b>6.1.G</b> Evaluate how HIV, AIDS, other STDs, or pregnancy could impact life goals. <b>6.2.G</b> Identify short- and long-term goals related to abstinence and maintaining reproductive and sexual health, including the use of FDA-approved condoms and other contraceptives for pregnancy and STD prevention. <b>7.1.G</b> Describe personal actions that can protect sexual and reproductive health (including one's ability to deliver a healthy baby in adulthood).